



LifeNet-Network for Mutual Inspiration between Earth and Humanity

**Meditation of the Month July 20th 2019 – August 20th 2019 – Proposed
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WATER NEEDS INSPIRATION FROM THE UNIVERSE

Similarly as in the case of our body, also the Earth mainly consists of water. For the present Earth Changes process this is of greatest importance. If the Earth, nature, and all that exists around us is primarily an information stored in water, this means that Gaia and her primordial helpers can change the face of the Earth to become multidimensional without the predicted cataclysmic events. If we accept and support its watery essence, the Earth could create the new space of reality in a dancing mode.

So that water can become highly a potent creative agent of the Earth, we need to become aware of its third phase. In its first phase water is enjoyed as drinking water. The second phase shows water as a fluid crystal capable of storing information. In its third phase water is a quality permeating the whole universe.

To support the transformation processes that Gaia initiates right now, it needs to reconnect water with its third phase. The disconnection happened after the human mind narrowed the space of reality so much to become a closed box.

The purpose of the following meditation is to open the systems of the Earth to the world-creative capacity of the cosmic water through opening ourselves to its inspiration.

- Hold your hands in front of your body in the form of a bowl. Imagine that drops of golden shimmering water from the stars fall into your hands.
- Then spill the collected cosmic water over your head just few inches behind the crown chakra.
- Now imagine that the cells of your body and your microorganisms are thirsty. They open their tiny mouth to drink the drops of cosmic water that are dripping through your body from cell to cell and from microorganism to microorganism.
- When the drops reach your soles, they drip from atom to atom deeper and deeper into the Earth permeating the Earth body with the cosmic water.
- While the process runs, you already ask for the second bowl and then for the third one...

The corresponding Gaia Touch body exercise can be found on the website

www.markopogacnik.com